



UNITED COLLEGE OF PHYSICAL THERAPY



AFFILIATED WITH
UNIVERSITY
OF KARACHI

DOCTOR OF PHYSICAL THERAPY



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INTRODUCTION TO DPT

Physical therapy is an essential segment of a modern health care system. It is a "science of healing and art of caring". It deals with methods of treatment based on movement, manual therapy, physical agents, and therapeutic modalities to relieve pain and other complications. It aims to produce competent rehabilitation practitioners who are capable of conducting independent Practice & Research. The program offers a DPT curriculum that integrates theoretical and applied sciences through an evidence-based approach to healthcare management. The main objective of the physiotherapy programme is to produce highly Skilled Rehabilitation Professionals. Who will take up the ever-burgeoning load of the Disabled Community and who are at par with the best professionals in the world and also promote the development of students' scientific knowledge, psychomotor skills, professional values, attitudes and behaviours. The College promotes critical thinking and inquiry to foster an environment of research and academic learning. Its programs have been designed to meet the growing demand of the populace in rehabilitating patients suffering from injuries and disabilities. Our graduates are equipped with the skills and aptitude to provide effective care in restoring body functions, improving mobility, relieving pain and contributing towards a better lifestyle for the patients.



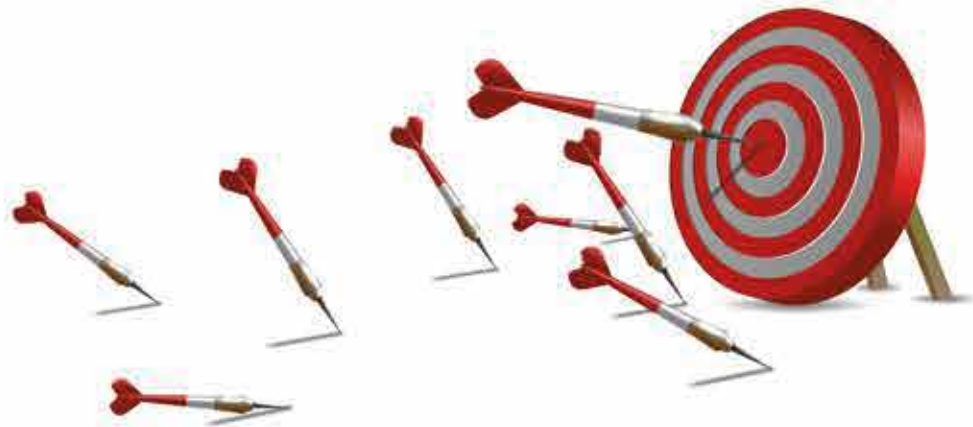
VISION STATEMENT

To produce future Doctors of Physical Therapy who will meet national and international standards in terms of clinical, academic, and research dimensions in order to enhance optimal health and wellness of individuals and society.



MISSION STATEMENT

Our mission is to produce skilled and competent health care professionals who can play a useful role in society. And to provide them quality education, develop reflective thinking and decision making power. They shall be knowledgeable, self-assured, adaptable, reflective, and service-oriented practitioners who can render independent judgments related to patients needs by virtue of critical thinking, research skills and ethical values.



MESSAGE OF PRINCIPAL

United College of Physical Therapy aims to provide comprehensive training in the core areas of Physical Therapy. Rapid changes are occurring all over the world in medical education systems, we are striving to meet the challenges and achieve international standards. We are committed to providing the best to our students. Doctor of Physical Therapy is offered in a state-of-the-art, conducive learning environment with modern learning resources, especially real patient clinical settings for community rehabilitation. We are providing an environment that shall prepare our graduates to achieve the highest accolades in their sphere of chosen specialities. United College of Physical Therapy is not only providing quality education but also providing great opportunities for grooming and professional exposure to upcoming doctors.

The focus is given to various subjects as per the guidelines of the Higher Education Commission. There is special emphasis on character building and personality development of the students, who are encouraged to take part in extracurricular activities.

I assure the candidates who opt for joining this college that their stay here will be highly rewarding.

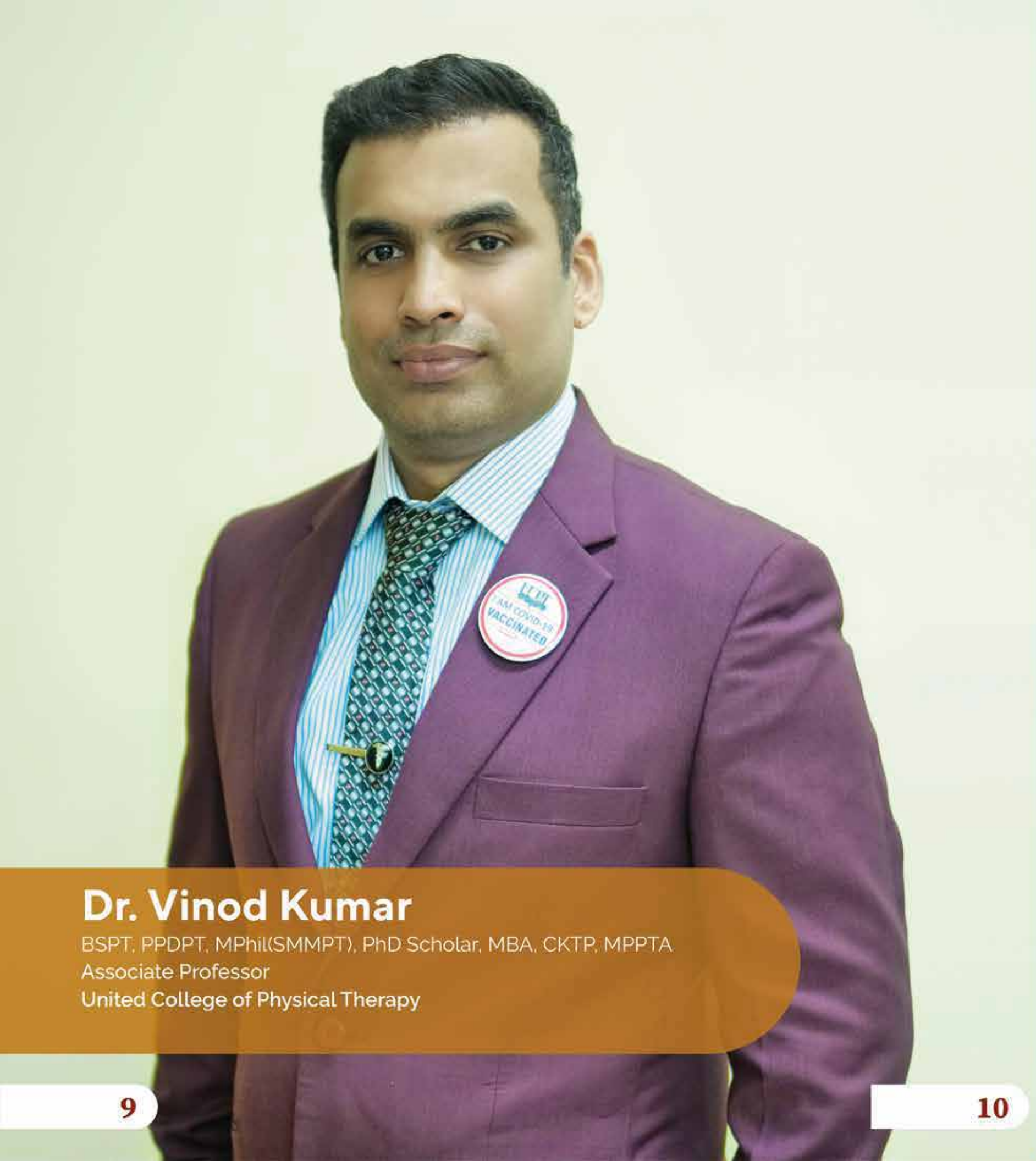


Dr. Erum Tanveer

BPT, PPDPT, PhD Scholar, MBA, CCRP, CKTP, MPPTA, MPPS

Principal & Associate Professor

United College of Physical Therapy



Dr. Vinod Kumar

BSPT, PPDPT, MPhil(SMMPT), PhD Scholar, MBA, CKTP, MPPTA

Associate Professor

United College of Physical Therapy

MESSAGE OF VICE PRINCIPAL

United College of Physical therapy is striving to provide high-quality education to upcoming doctors. We also aim high to embrace our students with clinical knowledge and hands-on experience so they may stand out in the field and incorporate them with valuable moral values by which they can lead a prosperous life ahead. We even provide our students with the practical guidance and support required for their professional and personal growth.

I assure you that your experience of studying here at UCPT will be a worthwhile decision.

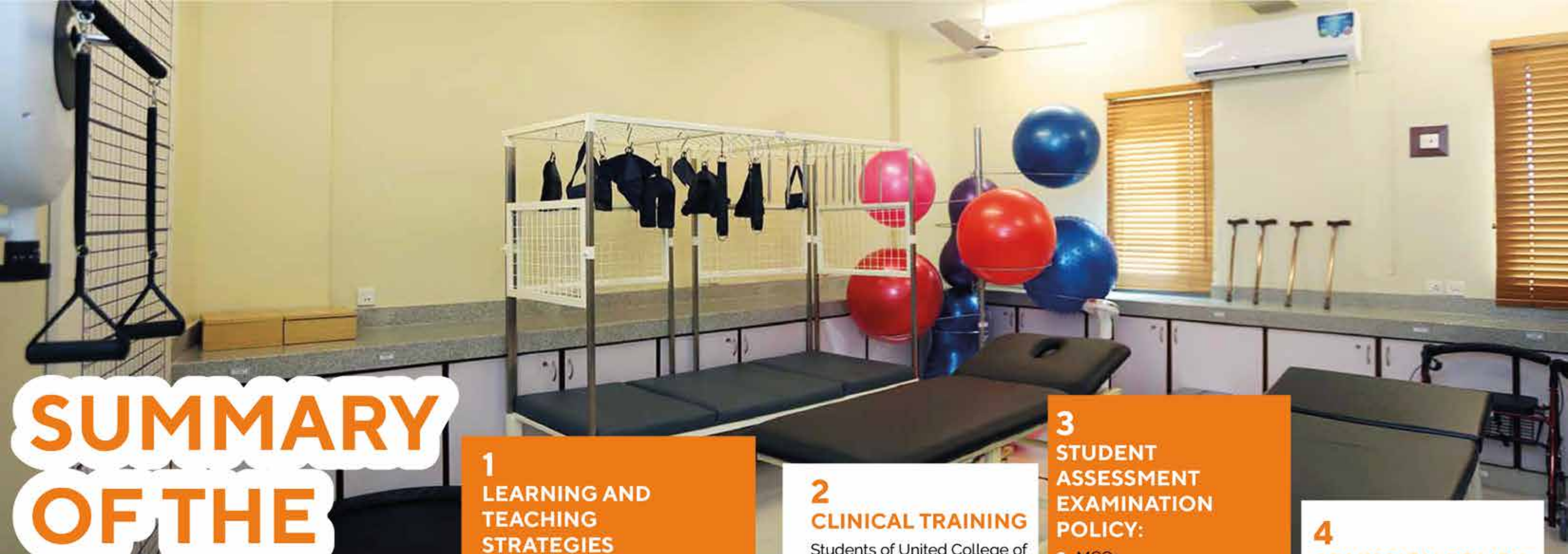


PROGRAM DESCRIPTION

The United College of Physical Therapy (UCPT) aims to produce competent rehabilitation practitioners who are capable of conducting unique and independent research. The College promotes critical thinking and inquiry to foster an environment of research and academic learning. Its programs have been designed to meet the growing demand of the populace in rehabilitating patients from injuries and disabilities. Its graduates are equipped with the skills and aptitude to provide effective care in restoring bodily functions, improving mobility, relieving pain and contributing towards a better life style for the patients.

DOCTOR OF PHYSICAL THERAPY

Physical Therapy, also known as physiotherapy is a dynamic profession concerned with the evaluation and rehabilitation of patients disabled by pain, disease, or injury and their treatment by physical therapeutic measures. The objective of the program is to produce a group of highly competent physiotherapists to fulfil the increasing demand at the national and international level



SUMMARY OF THE PROGRAM

5 CAREER OPPORTUNITIES

Doctor of Physical Therapy Program is popular both nationally and internationally. The incorporation of research and evidence based practice in the curriculum has opened the doors for autonomous practice.

1 LEARNING AND TEACHING STRATEGIES

Both national and international qualified teaching faculty is involved to promote better understanding through

- a. Presentation/Assignment/Seminar
- b. Tutorials
- c. Skill based labs
- d. Projects
- e. Clinical Practice (Super-vised/Independent)

2 CLINICAL TRAINING

Students of United College of Physical Therapy have an exclusive advantage to be a part of an organization with large setup of tertiary care hospitals. The clinical training provides a better chance of learning and practicing the skills in the field hence, prepares future therapists to play an important role in the improvement of healthcare quality in society. Students of 3rd, 4th & 5th Professionals complete their clinical training in physical therapy.

3 STUDENT ASSESSMENT EXAMINATION POLICY:

- a. MCQs
- b. Short answer written examination
- c. Viva, OSPE/OSCE
- d. Group or individual presentation/assignments
- e. Student log books or written reports

Students are continuously assessed during semester by above methods. This carries 40% weightage for each course.

4 ADMISSION POLICY

Doctor of Physical Therapy is a five-year semester based degree program which is open to all science stream (Pre-Medical) students with minimum 60% marks from an accredited Institution in Pakistan or equivalent to international standards. Therefore, candidates with O/A Levels must acquire equivalency through IBCC before taking admission. All candidates are selected on merit, according to the following criteria

- a. SSC Marks
- b. HSC Marks
- c. Entrance Test Marks
- d. Interview



COURSE STUDY

This is five years under graduate program of full-time study. Each year of study comprises two semesters. The duration of each semester is 18 weeks. The first two years cover the basic medical sciences, communication skills and basic physiotherapy concepts. The last three years will cover clinical medical sciences along with practical physical therapy applications.



A TYPICAL STUDY PLAN DOCTOR OF PHYSICAL THERAPY (DPT)

Minimum Degree Requirements:

This program comprises a minimum of 180 credit hours.

Duration:

5 Years

1ST YEAR

1st Semester

Course Title	Credit Hours
Anatomy-I	4(3+1)
Physiology-I	3(2+1)
Kinesiology-I	3(2+1)
English-I	3(3+0)
Pakistan Studies	2(2+0)
Biostatistics-I	3(3+0)
Total Credits	18

2nd Semester

Course Title	Credit Hours
Anatomy-II	4(3+1)
Physiology-II	3(2+1)
Kinesiology-II	3(2+1)
English-II	3(3+0)
Islamic Studies/ Ethics	2(2+0)
Biostatistics-II	3(3+0)
Total Credits	18

2ND YEAR

1st Semester

Course Title	Credit Hours
Anatomy-III	4(3+1)
Physiology-III	3(2+1)
Biomechanics & Ergonomics-I	3(3+0)
English-III	3(3+0)
Computer	2(2+0)
Biochemistry & Genetics-I	3(3+0)
Total Credits	18

2nd Semester

Course Title	Credit Hours
Anatomy-IV	3(2+1)
Exercise Physiology	3(2+1)
Biomechanics & Ergonomics-II	3(2+1)
Biochemistry & Genetics-II	3(3+0)
Medical Physics	3(2+1)
Behavioral Sciences (Psychology & Psychiatry)	3(3+0)
Total Credits	18

3RD YEAR

1st Semester

Course Title	Credit Hours
Pathology & Microbiology-I	3(3+0)
Pharmacology-I	2(2+0)
Physical agents & Electrotherapy-I	3(2+1)
Therapeutic Exercises & Techniques	3(2+1)
Sociology	2(2+0)
Health Promotion & Wellness	2(2+0)
Clinical Practice-I	3(0+3)
Total Credits	18

2nd Semester

Course Title	Credit Hours
Pathology & Microbiology-II	3(2+1)
Pharmacology-II	3(3+0)
Physical agents & Electrotherapy-II	3(2+1)
Teaching Methodology & Community Medicine	3(3+0)
Manual Therapy	3(2+1)
Clinical Practice-II	3(0+3)
Total Credits	18

4TH YEAR

1st Semester

Course Title	Credit Hours
Medicine-I	3(3+0)
Surgery-I	3(3+0)
Radiology & Imaging	3(2+1)
Musculoskeletal Physical Therapy	3(2+1)
Human Growth, Development & Community Based Rehabilitation	3(3+0)
Clinical Practice-III	3(0+3)
Total Credits	18

2nd Semester

Course Title	Credit Hours
Medicine-II	3(3+0)
Surgery-II	3(3+0)
Evidence Based Practice	3(2+1)
Neuromuscular Physical Therapy	3(2+1)
Orthotics & Prosthetics	3(2+1)
Clinical Practice-IV	3(0+3)
Total Credits	18

5TH YEAR

1st Semester

Course Title	Credit Hours
Emergency Procedures & Primary care in Physical Therapy	2(2+0)
Cardio Pulmonary Physical Therapy	3(2+1)
Clinical Decision Making and Differential Diagnosis	3(3+0)
Integumentary Physical Therapy	2(2+0)
Scientific Inquiry	3(2+1)
Professional Practice	2(2+0)
Clinical Practice-V	3(0+3)
Total Credits	18

2nd Semester

Course Title	Credit Hours
Obstetrics & Gynecological Physical Therapy	2(2+0)
Pediatrics Physical Therapy	2(2+0)
Geriatrics & Gerontological Physical Therapy	2(2+0)
Sports Physical Therapy	2(2+0)
Clinical Practice-VI	4(0+4)
Project/Dissertation	6
Total Credits	18





Note:

Any additional taxes imposed by the government will be the liability of the students/parents/guardian.

The College reserves the right to increase the fee if required according to the recommendation of the Governing Body. Fee to be paid in advance. All dues need to be cleared within two weeks of commencement of the academic year.



FEE STRUCTURE

Fee Items	Category A (Regular)	Category B (Overseas)	Category C (Foreigner)
Application Processing Fee (One Time)	3,000/=PKR	USD 100 \$	USD 200 \$
Application Fee (One Time)	29,000/=PKR	USD 550 \$	USD 650 \$
Enrollment Fee (One Time)	30,000/=PKR	USD 200 \$	USD 300 \$
Tuition Fee (Annual)	1,80,000/=PKR	USD 3000 \$	USD 4000 \$
Examination Fee (Annual)	18,000/=PKR	USD 300 \$	USD 400 \$
Library Fee (Annual)	2,000/=PKR	USD 50 \$	USD 60 \$
College Charges (One Time)	25,000/=PKR	USD 600 \$	USD 700 \$
Total	287,000/=PKR	USD 4800 \$	USD 6310 \$

AFFILIATED HOSPITALS



CREEK GENERAL HOSPITAL

UNITED HOSPITAL



A.O HOSPITAL



CAMPUS LIFE

Here at UCPT, we have curated a space that provides our students with all the needed ingredients to ensure a lifetime of success and achievement. Our engaging co-curricular activities groom and develop students to innovate ideas and learn beyond information. United College of Physical Therapy promotes sustainable life choices and urges students to participate in all competitive avenues, either at college level or national level.

Hostel Accommodation:

Starting from secure and supported hostel facilities, with rooms that are fully air-conditioned, properly furnished, and equipped with domestic staff and warden.

Transport Service:

For students living in Karachi, personalized transport services are provided with accommodating conductors and drivers.

Laboratories:

The doors of our most coveted laboratories and museums that enhance and encourage practical knowledge in our field of Physical Therapy is always open to the students, equipped with every tool imaginable.

IT Lab:

For students living in Karachi, personalized transport services are provided with accommodating conductors and drivers.

Library:

Moreover, the library is a more than the adequately resourced area that holds over 20000 books on its shelves, with a piece of text present to answer all queries. We also have our own bookshop, where students can purchase their books, journals, and tools without hassle.

Gymnasium:

The Gymnasium is also open at all times with all equipment present to allow all kinds of exercise regimes under supervision.

Cafeteria:

After hours of hard work and learning, the cafeteria will be open at all times to nourish the students and provide a space for them to relax and charge up for the rest of the day! The cafeteria services include a sit-down area and menus for tea time and lunch time both

Recreation Room:

Further recreational rooms such as the Game Room, and the Common Rooms are present to provide our students with a welcome relief from mundane daily activities, where they may be able to replenish their physical and mental health by partaking in recreational activities. As a college of Physical Therapy, we deeply understand the importance of physical health and activity, and always encourage our students to take part in rejuvenating their physical health through the use of the Sports Area where they may be able to play all kinds of sports games like badminton, tennis, or cricket.

Financial Aid/Scholarships:

United College of Physical Therapy also provides need-based scholarships and financial aid through the Ihsan Trust Fund as we believe in the right to education for all.

STUDENT'S LIFE

At United College of Physical Therapy, our main priority is creating an engaging and supportive environment that brings forth the very best of our students to the forefront.

We allow opportunities for our students to explore their academic talents in creative ways, as can be seen by the celebration of World Physiotherapy Day where wide participation through the means of handmade projects was seen by all our students. Moreover, we also prioritize keeping our knowledge updated on all medical endeavours, and make sure our students visit the many medical facilities of Karachi like the Marie Adelaide Leprosy Center to expand their awareness.

But all learning aside, we also make sure to take out time for fun! Musical nights at the college campus with the invited Khudgarz band, a Welcome Party function to commemorate the first year into a new chapter of their life, or the Beach Party picnic day to shake off all the stress of the semester; you name it, we do it! Refreshing mental health and promoting healthy studying patterns are very important, and we make sure to always cram in a little bit of respite from the strain of academic responsibilities.

At United College of Physical Therapy, you will find that as a student you are never alone. At every avenue, there will be guidance and support, and through all the trials and tribulations of life as a whole, there will always be a shoulder you can lean on for however long you need.



COLLEGE CAMPUS

CORE FACILITIES

Air-conditioned Lecture Halls with Multimedia Facility



Air-conditioned Auditorium with Multimedia Facility



Library



Computer Lab



Skill Lab



Museums



Fully Equipped Laboratories



Girls Common room, Changing Rooms and Lockers



Boys Common room, Changing Rooms and Lockers



Garden



Prayer Area



Hostel Facility



Recreation Room



Hostel Accommodation



Gymnasium



Day Care Center Facility for Faculty, Students and Staff Children



Transport Facility



Electrotherapy Lab



Anatomy lab



Kinesiology Lab



Pharmacology Lab



Physics Lab



Cafeteria



Board Room



Physiology Lab





ORIENTATION DAY

Transition into the UCPT system typically begins with an orientation that is intended to help all students acclimate to their new college environment.



WHITE COAT CEREMONY

White Coat Ceremony is a rite of passage, welcoming new medical students into the medical profession. This ceremony will join the symbol of the white coat with the virtues of altruism, responsibility, duty, honor, respect, and compassion



EDUCATIONAL FIELD TRIP

Students are taken for educational field trip as it gives them a chance to think about a topic or theme from a different perspective. Field based learning increases test scores





PICNIC

After the straining session of academics, students are taken for picnic for a much-needed break.



DEBATE COMPETITION

Debate programs are transformational experiences for students. In a debate program, students engage voluntarily in a social activity that reaps significant intellectual benefits and rewards academic skills: quick thinking, sound argument, and confident speaking.



WORLD PHYSICAL THERAPY DAY

World Physical Therapy Day is observed to generate awareness about the crucial contribution physical therapists make to society, enabling people to be mobile, well, and independent. This is observed on 8th September every year. Like World, UCPT celebrated World Physical Therapy Day.



PROJECT COMPETITION



CME/ WORKSHOPS/ SEMINARS

Educational seminars are held to impart some skills or knowledge to the students.



EVENTS

SPORTS DAY



WELCOME PARTY



ANNUAL FUNCTION



MOVIE NIGHT



MUSICAL NIGHT



ANNUAL BREAKFAST



QAWALI NIGHT



WORLD HEART DAY



CULTURE DAY



OPEN HOUSE



TESTIMONIALS



Aaima Warda

“ I always had high ambitions and needed a college that allowed me to push myself to higher ceilings. United College of Physical Therapy provides all kinds of learning resources to help me consolidate knowledge in different ways which I feel will aid me throughout my academic and professional career. ”

“ United College of Physical Therapy manages to be that rare blend of academic excellence and social activities that not only molds the brain for the future but also prepares the student body to take on challenges they will face in the corporate medical world. I'm deeply gratified to be a part of this institute. ”



Aala Binte Farrukh

“ Choosing United College of Physical Therapy for my medical studies is one of the best decision that I have ever made, apart from great academic experiences UCPT has been a great contributor towards tailoring my personality, leadership and overall skills to which i can never repay off. Thanks to the Principal, Faculty and Staff for being so cooperative and shaping me into a Better person. ”



Mirza Muhammad Nabeel Baig

“ “A most supportive and immersive environment in encouraged. I always trust the education I am provided, lest it be practical demonstration or theoretical lectures. ”



Kiran Konain



Eelaf Qureshi

“ “Studying at United College of Physical Therapy has been one of the most suitable and appropriate choices of mine. The entire faculty and department leaves no stone unturned to shape one's future this college had not just been an institute but rather a garrison of personality and intellectual character building United College Of Physical Therapy taught me a lot, both how to organize my studies but also to respect and appreciate all the people around me the kind and friendly attitude of the faculty was evident since the first moment .this program has been great so far. ”



Syed Shahnawaz Hussain

“ “ Becoming a doctor was one of my dreams since I was a child. I found UCPT, the right place for me where I could test my skills and excel in my desired field. The faculty here is extremely courteous generous and diligent. Apart from studies UCPT has an excellent state of art of infrastructure with a welcoming atmosphere. I chose Physical therapy because of its ongoing progress and I'm glad that I'm a part of UCPT to achieve my dreams. ”



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